

Menu for the week of October 9, 2017

Twitter- @STREAKSCAFE

Instagram-hhsstreakscafe

A complete lunch is: 2 oz. protein, 2 or more servings of grain products, 1 cup serving of fruits, 1 cup serving of vegetables, 8 oz. milk.

A lunch must have a minimum of a ½ cup serving of fruit or vegetable.

**MADE WITH LOCAL INGREDIENTS*

Lunch Line	Monday	Tuesday	Wednesday	Thursday	Friday
Variety of foods! #World	Pulled Pork BBQ w/Bun	Chicken Fajita w/Tortilla Rice	Variety Day	Cheese Quesadilla	
Hot sandwiches and more. #Grill Available on 2 serving lines	Grilled Cheese w/Tomato Soup	Popcorn Chicken Goldfish	Chicken Sliders	Warm Turkey & Cheese Sub	Early Release 1st Breakfast 7:20-7:45 2nd Breakfast 8:46-8:55 And 11:55-12:05
Veggies, soup, proteins/grains or sandwiches. #SaladBar #Farmtoschool	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2- proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	Romaine Lettuce* 12 Veg. Toppings w/Sandwich, Soup & Crackers or 2-proteins & Roll*	
Healthy choices on the go! #Grab & Go	Deli Sandwiches Chicken/Tuna Salad P & J Yogurt/Parfaits	Deli Sandwiches Chicken/Tuna Salad P & J Yogurt/Parfaits	Deli Sandwiches Chicken/Tuna Salad P & J Yogurt/Parfaits	Deli Sandwiches Chicken/Tuna Salad P & J Yogurt/Parfaits	
A different pizza every day! #Pizza	Cheese or Pepperoni	Garlic French Bread	Cheese or Chicken	Cheese Filled Sticks w/ Pizza Sauce	
Fruits/ Vegetables Choose up to 4-1/2c. servings #ALLlines	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies Peas	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies Broccoli	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies Black Beans	Fresh Fruit Canned Fruit 100% Fruit Juice Raw Veggies Hot Variety	

- www.myschoolbucks.com
Check student lunch account balances and to add funds to accounts.
(Free to monitor balances; \$2.50 transaction fee to add funds)

Breakfast Prices: \$1.00, Reduced \$0.30, Adult \$1.50

Lunch Prices: \$2.25, Reduced \$0.40, Adult \$3.50

Non-discrimination Statement: "USDA is an equal opportunity provider and employer."