



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.anthem.com or by calling **1-855-333-5735**.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u>?	In-network: \$0/Individual; \$0/Family Out-of-network: \$500/Individual; \$1,000/Family Does not apply to: routine vision exams.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. In-network: \$3,000/Individual . If two people are covered, each of you pay \$3,000 . If three or more people are covered, together you will pay \$6,000 , however, no family member will pay more than \$3,000 . Out-of-network: \$4,500/Individual . If two people are covered, each of you pay \$4,500 . If three or more people are covered, together you will pay \$9,000 , however, no family member will pay more than \$4,500 .	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u>?	Costs associated with routine vision care, the cost of prescription drugs, the cost of care when the benefit limits have been reached, the cost of non-covered services, and amounts above the allowed amount for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.

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If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.anthem.com or call **1-855-333-5735** to request a copy.

Does this plan use a network of providers?	Yes. For a list of participating medical providers, see www.anthem.com or call 1-855-333-5735.	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **Coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use In Network **providers** by charging you lower **deductibles**, **copayments** and **Coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 Copay	30% Coinsurance	————None————
	Specialist visit	\$40 Copay	30% Coinsurance	————None————
	Other practitioner office visit	\$40 Copay	30% Coinsurance	Spinal manipulation and manual medical therapy limited to 30 visits per plan year
	Preventive care/screening/immunization	No Charge	30% Coinsurance	————None————
If you have a test	Diagnostic test (x-ray, blood work)	\$40 Copay	30% Coinsurance	Blood work is at a \$0 Copay
	Imaging (CT/PET scans, MRIs)	\$150 Copay	30% Coinsurance	Preauthorization Required

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
<p>If you need drugs to treat your illness or condition</p> <p>More information about prescription drug coverage is available at www.express-scripts.com.</p>	Tier 1	<p>\$10 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$20 copay for up to a 90-day supply delivered to your home.</p>	<p>\$10 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$20 copay for up to a 90-day supply delivered to your home.</p>	<p>Note that if you visit an out-of-network pharmacy, you will pay the full cost of your prescription at the pharmacy then file a claim for reimbursement. Reimbursement will be based on what a participating pharmacy would receive had the prescription been filled at a participating pharmacy.</p> <p>Your plan uses a preferred drug list (formulary) which identifies the status of covered drugs. Some drugs may require preauthorization, while other drugs are subject to step therapy and quantity limit requirements. If the necessary preauthorization is not obtained, the drug may not be covered</p>
	Tier 2	<p>\$30 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$60 copay for up to a 90-day supply delivered to your home</p>	<p>\$30 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$60 copay for up to a 90-day supply delivered to your home</p>	
	Tier 3	<p>\$50 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$100 copay for up to a 90-day supply delivered to your home</p>	<p>\$50 copay for up to 30-day supply from a participating pharmacy.</p> <p>\$100 copay for up to a 90-day supply delivered to your home</p>	
<p>If you have outpatient surgery</p>	Facility fee (e.g., ambulatory surgery center)	\$150 Copay plus 20% Coinsurance	30% Coinsurance	—————None—————
	Physician/surgeon fees	\$20/\$40 Copay	30% Coinsurance	—————None—————

If you need immediate medical attention	Emergency room services	\$150 Copay plus 20% Coinsurance	30% Coinsurance	————None————
	Emergency medical transportation	20% Coinsurance	30% Coinsurance	————None————
	Urgent care	\$20/\$40 Copay	30% Coinsurance	————None————
If you have a hospital stay	Facility fee (e.g., hospital room)	\$400 Copay plus 20% Coinsurance	30% Coinsurance	Preauthorization required.
	Physician/surgeon fee	20% Coinsurance	30% Coinsurance	Preauthorization required.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$20/\$40 Copay	30% Coinsurance	————None————
	Mental/Behavioral health inpatient services	\$400 Copay plus 20% Coinsurance	30% Coinsurance	Preauthorization required.
	Substance use disorder outpatient services	\$20/\$40 Copay	30% Coinsurance	————None————
	Substance use disorder inpatient services	\$400 Copay plus 20% Coinsurance	30% Coinsurance	Preauthorization required.
If you are pregnant	Prenatal and postnatal care	\$20/\$40 Copay	30% Coinsurance	This copay is for outpatient services.
	Delivery and all inpatient services	\$400 Copay plus 20% Coinsurance	30% Coinsurance	————None————
If you need help recovering or have other special health needs	Home health care	No charge	30% Coinsurance	Limited to 90 visits per calendar year
	Rehabilitation services	\$20/\$40 copay for visit to a professional provider \$40 copay for visit to a facility.	30% Coinsurance	30 visits for physical therapy and occupational therapy combined. 30 visits for speech therapy.
	Habilitation services	\$20/\$40 copay for visit to a professional provider \$40 copay for visit to a facility.	30% Coinsurance	All rehabilitation and habilitation visits count toward your rehabilitation visit limit.
	Skilled nursing care	20% Coinsurance	30% Coinsurance	Limited to 100 days for each admission
	Durable medical equipment	20% Coinsurance	30% Coinsurance	————None————
	Hospice service	No charge	30% Coinsurance	————None————

If your child needs dental or eye care	Eye exam	\$15 copay/visit	\$30 allowance	Note that if you visit an out-of-network eye care provider, you will pay the provider's charge when the service is rendered, then file a claim for reimbursement based on your benefits.
	Glasses	Not Covered	Not Covered	—————None—————
	Dental check-up	Not Covered	Not Covered	—————None—————

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)	
<ul style="list-style-type: none"> • Acupuncture • Bariatric surgery • Cosmetic surgery • Dental care • Hearing aids • Infertility treatment 	<ul style="list-style-type: none"> • Long-term care • Non-emergency care when traveling outside the US • Routine foot care • Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)	
<ul style="list-style-type: none"> • Chiropractic care • Private duty Nursing 	<ul style="list-style-type: none"> • Routine eye care

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact Human Resources at 540-434-9916. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Anthem Blue Cross and Blue Shield: Appeals, Attention Member Services, P.O. Box 27401, Richmond, VA 23279.

You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-EBSA (3272) or www.dol/ebsa/healthreform.

Language Access Services:

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助，請聯絡您的銷售代表或小組管理員。如果您已參保，則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoolwoł úníninigo t'áá diné k'éjíggo, t'áá shoodí ba na'alníhí ya sidáhí bich'í naabídíílkíid. Eí doo biigha daago ni ba'nija'go ho'aalagúí bich'í hodiilní. Hai'daą iini'taago eíya, t'áá shoodí diné ya atáh halne'ígú ní béesh bee hane'í wólta' bí'ki si'niilígú bí'kéhgo bich'í hodiilní.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,990
- Patient pays \$1,550

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$0
Copays	\$510
Coinsurance	\$890
Limits or exclusions	\$150
Total	\$1,550

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,330
- Patient pays \$1,070

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$740
Coinsurance	\$250
Limits or exclusions	\$80
Total	\$1,070

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how deductibles, copayments, and Coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and Coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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